



(Please read exactly as written)

Let me begin with a few questions.

- How many feel your plate is full, but the servings keep coming?
- How many feel 24 is not enough hours in a day?
- How many feel your mission has become impossible?

If you answered yes, you are in the right place.

Our speaker today holds a Masters in Human Behavior, presents in-house programs at Microsoft, Pepsi, Boeing and Procter & Gamble, has been featured in Success and Working Mother Magazines, and earned her Certified Speaking Professional designation held by less than 10% of speakers worldwide.

She grew up in Chicago and now lives in San Diego, but she still prefers pizza over tofu. Please join me in welcoming Colette Carlson.